

GHSAA Newsletter

Volume – I Edition 2

May 2006

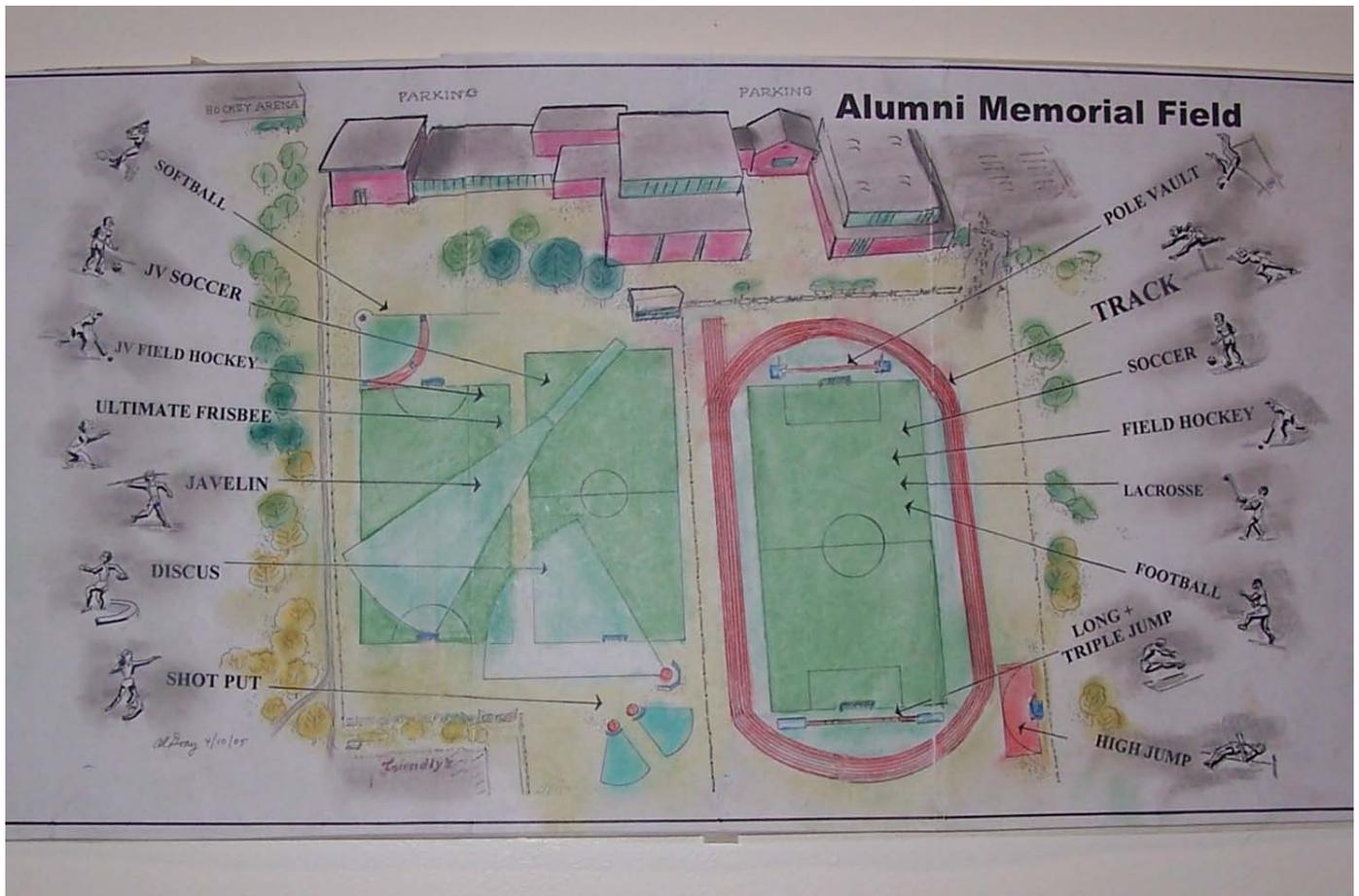


Table of Contents	Page Number
Carl "Ump" Nichols	3
Notes From the President	4
Class of 1963	5
Class of 1985	7
GHS Scholarship Fund	7
Athletics.....	7
Youth Festival	8
Donations.....	8
Alumni of GHS	9
GHS News Class	10
Alumni Association Gift	13
Green Wave Radio	14
Alumni Adventures	15



Carl "Ump" Nichols



Carl "Ump" Nichols's Hall of Fame Trophy

A Night To Remember: Formal Introduction of Coach Carl "Ump" Nichols into Massachusetts Football Coaches Association "Hall of Fame"

It was a great night for Greenfield Athletics, Coach Nichols and his players. It was quite an honor to represent all of the players that played for Coach Carl Nichols. I had a sense he was watching. Mike Kuchieski, GHS Football Varsity Coach, accepted the plaque at a ceremony held on April 30th and returned it to Greenfield, where it was placed in a new trophy case just purchased by the Class of 1956. Sandy Ruggles, Chairman of the MFCA, said that there was such an outpouring of letter and e-mails that there was no doubt that Coach Nichols deserved to be inducted. Coach Kuchieski is planning a local celebration in early fall and will be contacting everyone as soon as the date is set.



Left: New trophy case, paid for by the Class of 1956.

Right: Another picture of the new trophy case.



Notes from the President

As we enter our fifth year we must consider how much we have achieved and how generous GHS alumni and friends have been. Previous letters and other articles in this our 3rd Newsletter have outlined our finances and donations to GHS. We have stayed true to our mission to “enhance the educational opportunities offered at Greenfield High School by supporting our alma mater in three areas: athletics, academics and technology.”

We continue to pursue funding and coordinate resources to obtain a scoreboard for the Vets Field Softball facility, to create an Alumni Memorial Garden behind GHS (along the South-West fencing adjacent to Friendly's/Dunkin Donuts), and our long term project – building a Sports Complex behind GHS for track, soccer, field hockey and community recreational/fitness interests.

We have specific tasks that require a few hours of time and we are willing to exchange your time and effort for membership fees. Please contact Betty at GHS (772-1350 x-111) or myself at 774-2894 for details.

We have created Memorial donation cards and located them in each funeral home in Greenfield. We have created and mailed our letter verifying your donation as Tax exempt for a 501-C3 non-profit organization. If you have not received this letter and need one – please contact me directly.

Our recent donation to the Science Department assisted students in achieving their goal of excellence in scientific research. GHS students won awards in a recent competition, the Science Fair, held annually.

Several alumni are working to re-create the Radio Club, utilizing their knowledge and experiences with electronics, GHS students can now learn about frequencies and communication capabilities from the shared expertise of GHS alumni.

What is your interest and expertise? Can you envision helping present GHS students learn about math, writing or drawing applications in business, music, art, languages, computers, science, and sports? You can share your experiences and create a foundation of positive interactions with local teenagers, by volunteering a few times a month. Contact Steve

You want to support the GHSAA, yet are not sure how. We do have need for people that can help evaluate our projects, or for example: help initiate our Alumni Memorial Garden by planting and tending to this project, also you can share by telling a story about your school years, or sharing a photo that brings back memories for other members.

We have met many great young students at GHS; one (Joshua Delaney) is working with our webmaster John Spencer to create a new website. This new site will increase opportunities for you to share your interests or enjoy reading about the lives of alumni from around the world. We will have a specific icon “Alumni Adventures” that will detail alumni trips of the unusual kind. Whether you take a trip to another country or hike one of the many peaks in the USA, you can log some photos and write a few notes so alumni can enjoy your experiences.

This website project allows the GHSAA to improve and create a new learning opportunity for GHS students. Thanks to John Spencer, Nancy Athas – GHS Principal, Joshua Delaney and especially computer teacher – Louise Sullivan, *the GHSAA has achieved another goal. We connect our alumni to GHS students and enhance the educational opportunities available at our alma mater.*

Our goal is to clarify a problem or envision a goal, and then we map out a path to solve the problem or achieve the goal. We do so by connecting people and ideas. We organize students and teachers with alumni to see if we can work together. We connect with alumni from all over, as well as local business owners and citizens to achieve financial support, and then we make the effort to share ideas with school administrators and local government officials. We make phone calls, send emails, write letters and initiate discussions; we get the ball rolling, and work to maintain positive momentum in our community. *In short, we work to connect the dots, the steps necessary to accomplish resolution to a problem or to enhance the educational opportunities available at GHS.*

Look for our new website at www.greenwavealumni.org, our business cards, Memorial cards and merchandise for sale. We have T-shirts (long/short sleeves), golf shirts (V-neck or buttons) and cloth bags for groceries and other items for sale. We are working on ways to thank our members as well as our donors and to connect with so many more alumni throughout the world.

Thank you for your membership, your donation, and your words of encouragement.

From the Class of 1963

Stanley Cummings has published his first novel, "Behind the Hedge". It is a story of a corruption of time, talent, and treasure that takes place in a private school. A quote from Pat Bassett, president of the National Association of Independent Schools: "Behind the Hedge" is a 'must read' for any novice leader, new to the world of politics and governance in schools. Cummings captures eloquently the miscues, miscommunications, and misunderstandings that while innocent and typical enough, can wreak havoc in the power relationships in any institutions. Great book to give to new heads of all private schools." Stan's book is available locally at the World Eye Book Store or at Amazon.com. Good reading!

Sandra Pochus Mowry, also a member of the Class of 1963, has also published a book entitled "Nutrition Solutions: A Guide & Cookbook for Living Longer and Stronger". The book is a wealth of nutrition information about how to protect against diseases like cancer, heart disease, diabetes, arthritis, etc. and has over 300 recipes. It is available only through her website: www.nutritionolutionsbysandra.com.

Ron Koch Honored as 'Hometown Hero'

Commerce Bank gives him donation for charity.

By Bonnie Hobbs

May 4, 2006

When it comes to being a hometown hero, Centreville's Ron Koch certainly fills the bill. And it's not only for what he does in the public eye, but for all his behind-the-scenes good deeds, as well. Therefore, it was not surprising when Commerce Bank in Centre Ridge honored him Saturday as a "Hometown Hero." And for his prize, he received a \$500 check to donate to the charity of his choice.

KOCH CHOSE FACETS (Fairfax Area Christian Emergency & Transitional Services), for which he's volunteered for several years. Each month, he drives the organization's RV — bringing a social worker, nurse, food and clothing to homeless and low-income families. He even entertains the homeless children and, the past few years, has played Santa Claus for them.

When choosing a "Hometown Hero," explained April Dehn, assistant vice-president and manager of Commerce Bank's Centreville branch, "We picked someone in the community [who] we feel is deserving of a donation. When I did a survey and asked a whole bunch of people who they see as a hometown hero, Ron Koch's name kept coming up."

With his wife Lois by his side, he received the award Saturday morning during the bank's official, grand-opening ceremony. (It opened Dec. 22 in the Marketplace at Centre Ridge Shopping Center). "This award is especially meaningful to me because I know how many people in our community qualify for it," said Koch. "And it also gives me an opportunity to make a donation to FACETS — an organization that has afforded me the opportunity to give a little back to a county that has provided my family and I such a wonderful quality of life."

"This is nice; I'm very proud," he continued. "And I'm very appreciative of Commerce Bank's outreach to the community." He then turned over the check to Stephanie Howard, FACETS' family enrichment services team leader. The money will help fund the group's programs serving those in need in Fairfax County.

In 1982, Koch was appointed by then chairman of the county Board of Supervisors Jack Herrity as an at-large planning commissioner and served until 1988. Then in 1992, Supervisor Michael R. Frey (R-Sully) reappointed him to the Planning Commission to represent Sully District, and he's held that post ever since.

Previously, he worked 33 years for the federal government and served 26 years in the Virginia National Guard. He's also a charter member of the West Fairfax County Citizens Association (WFCCA) and served as past chairman and vice-chairman of its Land-Use Committee. And since 1988, he's chaired the Newgate Forest Homeowners Association.

IN 2000, Koch received the WFCCA's award for Outstanding Achievement in Community Service, and he was a 2001 nominee for the Fairfax County Volunteer Service Award. He's also conducted classes for boys in the county Boys Probation Home and taught parenting classes at the county jail and pre-release center.

For the past nine years, he's mentored three at-risk youth — two are now 17 and one is 15 — from low-income families. And in his capacity as planning commissioner, when the Victoria's Landing townhouse community was built in Centreville, Koch got the developer to redo the recreational area for the low-income Barros Circle neighborhood. As a result, children there got picnic tables and a basketball court.

For more information about FACETS or to volunteer, call 703-352-5090 or see www.facetscares.org. "There's nothing more rewarding than working with that group," said Koch. "They're wonderful."

From The Class of 1985

I like to read Chip Ainsworth column in the Recorder on Saturdays. On Saturday, April 29th the following caught my eye. Chip was chatting with Chris Kingsley, a former Greenfield resident who's been the Monarchs' Ice Hockey trainer for the last seven seasons. Chip stated that Kingsley graduated from GHS in 1985 and shared goaltending duties for coach Ralph Collings playing on a team that included Robbie Graves, John Organ, George Saledas, Dave Ulrich, Ted Leach and the Duclos brothers, Mike and Steve. I'm sure Mike Duclos was very happy to see his daughter, Kacey (Class of 2007) receive the Wellsley College Junior Book Award for outstanding academic excellence at this year's graduation on June 4th. I'd love to hear from the other members of this group!!!! (Betty Nee)

GHS Scholarship Fund

How many of you are aware that there is a Scholarship Fund at GHS? The GHS Scholarship fund was started many years ago. At one time there was enough money in the account to use only the interest to award a scholarship of \$500. or two \$250. scholarships. The account is no longer generating enough interest to pay for the scholarship, consequently, money has to be taken from the principle and only one \$500. scholarship can be awarded. The criteria for the award is "given to a student who has shown good citizenship, scholarship, and an active interest in school affairs. Need is also taken into consideration. The Graduation Awards Committee make the choice based on information provided by a completed general application form for all awards and individual information.

The GHS Class of 1963 is the only class that has donated to this scholarship fund in the past five years. We voted at our reunion that we would donate \$25.00 to the fund upon the death of a classmate. Although this is a small amount by current standards, every little bit helps. The Class of 1963 would like to challenge and strongly urge other classes do the same. Whether we attended college or not, we are where we are today because of the education we received at Greenfield High School. Let's never forget that! When you have your next reunion and you are looking for ways to remember your school, please consider this scholarship fund.

Athletics

On March 16 the Phys Ed Dept had a Dodgeball tournament to raise money for the weight room. 8 teams participated, 7 student teams and 1 from the Greenfield Fire Department. \$560 was raised for various equipment and repairs. Thank you for all of you who participated!

Also, the football team is starting a fundraising drive for new uniforms. We will be selling raffle tickets for \$10 to win 4 box seat tickets for the Red Sox Vs Baltimore on Aug 13. We are also planning a walk/run in May for area runners and walkers. We will have to come up with \$8000 (estimated cost)

for a full set of uniforms. Anyone that would like to be involved with the effort please contact Mike Kuchieski ext127 at the high school.

Youth Festival

It is that time of year again to begin to form our plans for Greenfield's Fourth Annual Youth Festival. The date for this year's Festival is Saturday, June 17, 2006 (with a rain date of June 18, 2006).

We would like to extend an invitation to you and your agencies to participate in that planning process. The Youth Commission is looking for 10 participants that would be willing to attend planning meetings once a month and be willing to work on some details as part of a sub committee. The Youth Commission and their staff will continue to do the bulk of the organization, funding requests, etc. but we are hoping that by broadening the planning committee that the overall event will be larger and appeal to a more diverse part of Greenfield's population.

For those of you who may just be hearing about Youth Fest for the first time, the Greenfield Youth Commission annually hosts an all day, admission free, outdoor festival in Greenfield's Energy Park for the families of Greenfield. Area agencies participate by running events and staffing informational tables, local teens participate in games, contests, arts and crafts, and live performances.

This year we really want to add youth recognition elements to the day as well as a new level of involvement from our schools systems, both public and private.

Please either contact me, Bryan Smith, by email and/or phone at (413) 775-0144 if you may be interested in forming this years Youth Festival.

Donations

Last year the GHSAA received \$15,841 in total donations. The largest donation being \$10,000 from Fran Lemay, Sr. through a charitable foundation. Other notable donations came from the Class of 1960 - \$1,000; Skip and Kathy Hammond ('59 & '62) - \$1,000; Dominic and Janice Lepore - \$1,000 and Dic Fournier ('78) - \$500.

We have already received a \$5000 and a \$1000 donation for 2006; GHS alumni keep surprising us with their generosity. We would like to thank everyone that made a donation to the GHSAA. Your donations are keeping this organization going.

GHSAA made a few notable donations in 2005:

- \$850 -Library books
- \$1,000 -Science books/DVDs for Alternative Energy
- \$850 -High School weight room
- \$2400 -Tech equipment for the new shop class
- \$1,000 -Digital Calculators for the Science Department

If anyone would like to get involved with the GHSAA we are desperately in need of help and could use more volunteers. There are many projects big and small that the association is working on. You can decide the time you put in and we are willing to barter, so your efforts can be exchanged for your membership fee.

If you are considering making a donation please keep the GHSAA in mind. Any donation is greatly appreciated. **We are a non-profit and have obtained Federal Tax exempt status.**

Alumni Working at GHS

Angela Mass – Class of 1995

I became a math teacher at the high school in 1999. I am currently the ninth grade coordinator, the student council advisor and the TOP co-coordinator. The student council just got back from our three day conference at the Cape where we won third place for the Excellence Award and our school won the Top Ten award for our fire safety project. We were judged against other student councils in Massachusetts. This year our students have been working on community service projects and are currently putting together a career fair for high school students and a sports clinic for Greenfield youth grades K-5.

Patrick Garland – Class of 1989

I began teaching in 2001. I teach Eleventh Grade English, Critical Thinking Through Chess, and Journalism. The English Department is excited to be participating the University of Massachusetts Bridges to the Future program. This year-long intensive teacher preparation program allows our students to have UMASS graduate students in the classroom daily. It is an exciting and rewarding program for everyone.

Mike Kuchieski – Class of 1984

I began teaching Physical Education at GHS two years ago. I would like to include a thank you to all of the alumni and the foundation for what they have done for the weight room and athletics in general.

Betsy (Ash) Powell – Graduated 1961

I have been the School Nurse for GHS since September, 1987 and I am planning to retire in June, 2008. It's been very interesting working with the students and always challenging.

Barry McColgan

Although Barry did not graduate from GHS, his wife and two sons did. His daughter will graduate with the Class of 2007. Barry has supported the GHS Alumni Association by writing up the biographies, getting the pictures and putting everything together in picture frames for the "Wall of Honor". We presently have 16 frames up on the walls of the south-west corridor. Barry is planning to retire in the near future so he is passing on this job to Patrick Garland (GHS-1989). Patrick has at least 25 more grads waiting to be "framed".

GHS News Class

PLEASE NOTE: The following are articles written by students who are members of Tom Bevacqua's GHS NEWS class at GHS. The GHSAA paid for a Digital Recording Camera for this group to take pictures while they were out on assignments.

One day during GHS News, my crew and I were out on a story for the skate park. This is a very big part of some youth's lives that is now in jeopardy because of a few small children. Everyone knows that the Greenfield Area Skate Park (GASP) is located right next to the Toyota dealership on the corner of Olive St. and Bank Row. Although the people who put the GASP there should've known that it wasn't a good idea, but it really shouldn't have been a problem. The GASP was a gift to keep kids out of trouble and have a place to skate other than the streets, but lately a few kids are abusing the gift and is now jeopardizing the entertainment of other.

Recently a few elementary and middle school kids admitted to throwing rocks and heavy objects down into the car lot. This enraged the owner of the Toyota dealership, and threatened that he's going to talk to the mayor to close it. Since the mayor is known for doing things strictly (for the most part) for only the adult population, she had no problem with the idea of closing the GASP.

Even though the kids who threw the rocks weren't even regular skate park users, they're punishing the skaters, bikers, roller blades, and kids on scooters. It was even proven in other local skate parks that destruction is not caused by skaters, they're caused by bored near by locals, that either get drunk and belligerent, or get so bored that they entertain themselves with throwing over beer bottles and glasses, anything they can find.

Everyone understands that if the destruction doesn't decrease, then there's going to be no where for skaters to skate, or bikers to bike, especially since it's a problem when they skate in the streets. The select few that really want the skate park to stay open, they do whatever they can do, clean it up (so that the trash don't tempt the offenders) and yell at anyone that even throws things over the fence, even if it don't go far enough to the car lot. Mayor Forge thinks that the kids aren't even trying to make it better, but if she took a walk down to the park, she'd realize that the kids are doing whatever they can, but just like she thinks, they're just kids, what can they do?

(Cate Jablonski)

One upon a time in GHS News

We took a trip to the unfinished Dr. Spookies Animal Museum. It was the sick nasty, even though it was not quite finished. The owner explained what kind of animal displays he would have and how he built the area out of a hard foam like substance, which just happened to be his profession before starting the museum. He also gave a special tour of his special edition prehistoric sound arena, a room which vibrated and used surround sound systems to make you feel as if you were placed in an ancient forest surrounded by live dinosaurs.

(Austin Ordoyne)

Mainly I'm the one that works the camera. I always try to find the best spots to shoot even if it means getting above or below the one I'm recording. During the winter we were doing a report about

someone had fallen through the ice at I believe it was Highland pond, during the recording I had slipped on some ice trying to get a good position above him. I was climbing a small hill to scan around the pond and the hill I was trying to climb was covered in ice but I wasn't able to pay attention to it because I was concentrating on the shot.

(Shawn Cyper)

One of the times that my group was on a story I was the one driving. We were going to one of the Indian stores on the Mohawk Trail. The problem was we couldn't find the store and ended up getting lost. We ended finding our way back to the school and didn't get the story. A few days later Mr. B went with us to find the store, we realized that we had passed it before.

(Jazmin Wileman)

I remember one day our group did a story on the skate park. It was such a great story, as a skater and a youth, this was a very important story to me, and so I took great energy to see that it a really great report. The skate park was under fire by the mayor who isn't very popular, especially among youth, and I pointed out that she want to possibly close our skate park and leave us with no one place to skate. So I did a 3 minute report and it was really convincing in my favor that the mayor should not close the park without a plan to keep a place for skaters to be. That story has made my really start to question the government in this town and I want answer. It sort of made me want to advocate and I'm trying as we speak. So that story I have to say was my favorite and best GHS news experience.

(Donny Sullivan)

One time in GHS news we were on our way to do a story on the rotary work that has been going on and after we had finished our story successfully and were about to come back but we had forgot that someone ran into friendly's and we seemed to have left them there. We didn't notice that we were a man down until half way back to the school an so we went back but they were no where to be found. But when we called is cell phone we heard the ring form inside of our car form his pone and we found out that he was hiding in the trunk of the van.

(Chris Lemay)

In GHS news this year we were told to do a story on Longview tower. The tower wasn't open during the allotted time period. So we improvised and did our story on the animal farm located right next door. When we started doing the story, the animals began to get closer and closer to us. We began feeding the animals and one of the group members got an up close and personal experience with the llama. The llama came right up and licked her while we were filming.

(Jared Fluet)

A very memorable time in GHS news class was a Tuesday morning when we were doing a live show to air in the classrooms. We had done this many times before, and a fellow classmate had 3 stories to read. I read my story fine, however my classmate was not so lucky. He accidentally re read my story over again, but didn't realize until halfway through the story. Being live, we weren't supposed to make mistakes. Not knowing what to do, as the entire class was laughing, he just stopped and ran out of the classroom laughing. When the next anchor came on to read her story,

she too had the giggles and couldn't finish. The whole episode was a disaster and we just stopped right then and there. Mr. Bevaqua wasn't too pleased; fortunately only about 5 classrooms have working TV's anyway so we hoped no one had seen it.

(Jess Paulin)

In GHS News this year, while on a news cast on receiving a new weight machine from the Greenfield Police Department, our camera man, Jared Fluet and Officer Chris Rowell almost had a tragedy. Jared was suppose to hold up the machine on the truck, but it slipped from his muscular grip and came crashing down on Officer Rowell. The machine was caught by Officer Rowell, thanks to his 19 inch neck, as it landed on him. The former School Resource Officer saved not only the machine, but the day as he brought us the story which gave us a score of 100 and gave us an awesome machine for the GHS Weight Room.

(Mark Cadran)

One day during GHS News I was on my way to a story where a woman's house had caught on fire; while almost there we stumbled upon a more interesting story. My group and I had seen the aftermath of a car accident. It looked like they had spun out of control and hit a tree and possibly another motorist on Adam's Road. So we stopped pulled over and asked if anyone needed help or someone to call 911, only minutes after our arrival the police had come and confirmed that the woman and child involved were okay. All in all it was an interesting and fun day out on a GHS News story.

(Tom Chabot)

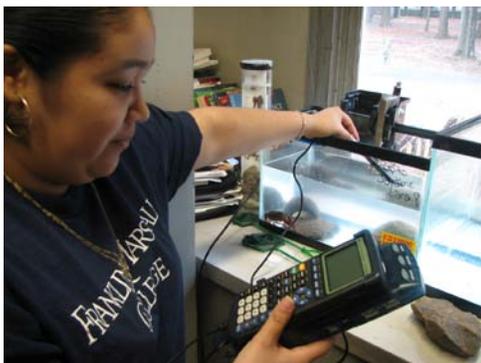
Our team was assigned a story at Franklin Medical Center in Greenfield on Wednesday at 9:00 in the morning. We took one vehicle, and were simply planning on getting a small amount of footage of the construction going on in the hospitals parking lot, in order to complete the task at hand. After my juice box was finished, and the story was sealed into the plastics of my camera, we entered back into our vehicle and packed up for the day. However, little did we know a security guard was watching us through the window. He approached our vehicle demanding a reason to why we were video taping. When we came up short with the replies he wanted to hear, he continued bombarding us with questions. The security guard then realized he ha come on a little to strong and returned to his quarters over by his golf cart.

(Isaac Freeland)

Alumni Association Gift

Thanks to the generous gift of graphing calculators from the GHS Alumni Association, for the first time our students are able to collect data electronically using probes attached to the calculators.

To give an example, in the past if a student wanted to find the acidity of a water sample, he or she would use pH paper. That requires dipping a piece of paper into a sample of water and matching the resulting color change to a chart. This is an outdated method and not very accurate. Today, with the new calculators and probes, a student can dip the probe into a sample of water and directly read the pH digitally from the calculator. This method is easy, accurate and provides data that can be directly downloaded from the calculator to a computer for analysis.



Since the calculators were received, a great number of students, as well as entire classes, have used them as part of their science studies. Students are shown using the calculators in the photos on this page.



Thank You,
John Kudukey
Science Department
Curriculum Coordinator

Green Wave Radio

The GHS Science Department's amateur radio station is operating again after nearly a decade of silence. Last spring, science teacher Stuart Elliott, along with volunteers from the Franklin County Amateur Radio Club, replaced the school's high-frequency and two-meter antennas that were taken down during roof reconstruction. The antennas were made using parts available from Home Depot. Equipment donations by Greenfield High School alumni Bill Boutwell ('49), Dick Burnham ('38), and John Spencer ('58) took the school's radio station from tubes to digital technology during the school year. Several GHS students obtained their FCC Technician licenses last spring and the new station received its license, KB1MSU, during the summer. The station, which can send and receive radio signals all over the world, is operated by students who are interested in exploring electronics and radio technology. These students meet with members of the Franklin County Amateur Radio Club on Tuesday nights to contact other amateur operators, improve their skills, and work toward gaining their initial FCC licenses or more advanced licenses.



Photo: Richard Burnham, GHS 1938 works with Jake Holmes and Luke Ketchum of the Class of 2010.

Alumni Adventures

What travels have you experienced? Are you willing to share a few photos and a short commentary describing your trip? Maybe you achieved a personal goal like running a marathon, seeing one of the seven natural wonders, or spending some time in a foreign country. This is a place you can share a little about yourself. Your adventure or achievement may inspire someone else to experience something unique or challenge themselves in some new way.

Steve Lepore

These few pictures are just a snapshot of the John Muir Wilderness Trail in California. It is approximately 250 miles long, and several mountain passes reach 13,500 ft, and several peaks are over 14,000ft high. My guide, a much more experienced backpacker, had planned a week to hike about 50 miles, including a few hours to peak Mt Whitney. We certainly made the most of the time and miles we hiked, yet an unusual rain and snowstorm blocked our journey to the peak. We had to settle for the trail skirting the side path to the peak, since two foot drifts made it very precarious hiking. The snow and glare of the sun's rays at that altitude made a fun trip into a challenging adventure.

Most of the hike was in the sun and crisp autumn air. Great weather preceded the freak storm, and even better scenery which included glacier lakes, snow capped peaks and unusual conifers and other trees that had been burned from lightning strikes or forest fires. The hiking trail at times was stark, rocks or desert like conditions for a mile or two. Several of the lakes did have fish, and we did catch a few goldens – a small type of trout that would only bite while fly-casting.

We met several phenomenal through hikers; they were packing very light and traveling 15 – 22 miles a day. Some were trying to complete the Muir Trail in ten days; others were walking the Pacific Crest Trail. I marveled at their speed, since every few hundred yards I stopped to catch my breath and look around. I became more acclimatized with each day, yet the scenery provoked many a stop. My trip was to see more than the trail and get a change of pace from my regular life, especially my job as a paramedic.



Enjoy the pictures, I may add more, but

certainly I will add some pictures of my recent tour of Peru, especially the famous Inca ruins of Machu Picchu.